

Wood Sage



Wood Sage (*Teucrium scorodonia*) has upright flower spikes, can be seen from July to September. Having plentiful seed, it provides food for many birds.

Wood Sage is a long lived native perennial of well drained, acidic soil. Wood Sage has very little scent and can be found on sand dunes, heaths and coastal cliffs. It is moderately shade tolerant and is rarely found in deep woodland with closed canopies. It is also sensitive to grazing which makes it absent from being in pastures.

Sowing Time: Autumn

