

Sneezewort



Sneezewort (*Achillea ptarmica*) is a greyish perennial with an erect slightly hairy stem that grows to about 60cm. The flowers consist of off white short petals surrounding a yellow disc floret. Flowering from July to September.

Sneezewort thrives in damp or wet habitats with slightly acid soils. It is commonly found on water meadows and stream sides. The open flowers are attractive to a range of pollinating insects.

Ensure to deadhead when needed and cut back foliage in spring.

Also known as 'The Pearl'

Sowing Time: Autumn

