

Sheeps Sorrel



Sheep Sorrel (*Rumex acetosella*) is a perennial plant that is in the Buckwheat family. It is composed of a clump of arrow shaped leaves growing as a rosette with a creeping root system. In spring, each rosette forms a reddish upright flower stem, reaching a height between 10-40cm. Flowers are small and clustered , flowering from May to August.

The plant is native to Europe and Asia of dry, well drained and infertile habitats. Commonly found in grasslands, and dunes. Sheeps Sorrel is an important food plant for the caterpillars of the small copper butterfly.

Sheeps Sorrel looks best growing with wildflowers such as: Oxeye Daises, Field Scabious and Sneezewort.

Sowing Time: Spring/Autumn

Sow depth: Sow seed 1/4inch deep and 2-3 inches apart.

