

## Common St Johns Wort





Common St Johns Wort (Hypericum perforatum) is an upright perennial with small, ovate leaves and terminal clusters of star shaped yellow flowers, measuring 1.5cm in diameter. Its leaves appear to have tiny holes, however, these are actually colourless glands.

Flowering occurs from June to September.

It is a general purpose meadow plant that grows well on a wide range of free draining soil types with plenty of sunlight. St Johns Wort can be found in open woods, along hedgerows and roadside verges. This is a useful plant for bees and looks best growing with wildflowers that bloom in summer, such as, Knapweed, Small Scabious and White Campion.

**Sowing Time: Spring/Autumn** 

